

Entrees

Quesadillas (3)

<i>Fish or Shrimp</i>	\$ 4.99
<i>Marinera</i>	\$ 5.99

Tostadas de Cheviche (3)

<i>Fish</i>	\$ 5.99
<i>Shrimp</i>	\$ 6.99

La Mar Wrap

Romain lettuce, dices plum tomatoes, dressing with your choice of meat

<i>W / shrimp</i>	\$ 6.99
<i>W / salmon</i>	\$ 7.99
<i>W / chicken</i>	\$ 6.99

Shrimp sandwich

Fried shrimp, lettuce, red onions tomatoes, lime mayo & fries

\$ 6.99

Salmon sandwich

Grilled salmon, red onions, lettuce, tomatoes, mayo & fries

\$ 7.99

Fish sandwich

Breaded fish fillet, red onions lettuce, tomatoes, chipotle mayo & fries

\$ 6.99

Chicken sandwich

Grilled chicken, red onions, lettuce, tomatoes, mayo & fries

\$ 6.99

Rib eye sandwich

red onions, lettuce, tomatoes, mayo & fries.

\$ 8.99

Soups

<i>Fish soup fillet chunks</i>	\$ 4.99	
<i>Shrimp soup W/ rice</i>	\$ 5.99	
<i>Marinera</i>	\$ 6.99	
<i>Clam Chowder</i>	\$ 2.25	\$ 3.99

CUP

BOWL

Cocktails

SHRIMP	\$ 6.99
OYSTER	\$ 6.99
COMBINATION of TWO	\$ 7.99
OCTOPUS	\$ 7.99
COMBINATION w/ OCTOPUS	\$ 8.99

Salads

GREEN Lettuce, celery, cucumber, tomatoes, green pepper, cheese and dressing	\$ 3.99
AVOCADO sliced over chopped lettuce	\$ 4.99
SHRIMP With lettuce, tomatoes, carrots, mayonnaise and avocado	\$ 5.99
TUNA With lettuce, tomatoes, carrots, onions, mayonnaise and avocado	\$ 4.99

Fish Fillet

<i>La Mar With white sauce and cheese</i>	\$ 7.99
<i>Poblano With poblano pepper and sweet corn sauce</i>	\$ 7.99
<i>Veracruz With tomatoes, onions, olives and capers sauce</i>	\$ 7.99
<i>Mexicano With jalapeño, onions and tomatoe sauce</i>	\$ 7.99
<i>Breaded</i>	\$ 7.99
<i>Al mojo de ajo With garlic</i>	\$ 7.99
<i>Skilled</i>	\$ 7.99

All are served with mashed potatoes and rice.

All plates include fish broth or house salad.

Steaks

<i>RIB - EYE 8 oz. Baked Potato & Vegetables</i>	\$ 10.99
<i>SIRLOIN 8 oz. Baked Potato & Vegetables</i>	\$ 10.99

Mon - Fri 11:00 to 4:00